



# WORLD COMPANY SPORT GAMES 26

FREDERIKSHAVN · DENMARK  
10 – 14 JUNE 2026

23.2.2026

## Regulation for sport to World Company Sport Games 2026 Frederikshavn, Denmark

**Sport:** Leisure Sport - Yoga

**Competition form:** Individual participating  
Non-competitive – Open participation (max. 30 participants per session)

**Venue / Date:** June 11, 2026, at 14.30 – 15.30  
Sportscenter Nord, Harald Jensens Plads 9, 9900 Frederikshavn (Located next to Arena Nord)  
The yoga sessions are open to all registered accompanying persons who wish to participate. The session will focus on relaxation, mobility, breathing and light strength exercises, suitable for all levels. The purpose is to create a calm and energizing break during the Games in a welcoming and inclusive atmosphere.

No equipment is required – participants only need to bring themselves and wear comfortable clothing suitable for movement

**Venue / Date:** June 12, 2026, at 14.30 – 15.30  
Sportscenter Nord, Harald Jensens Plads 9, 9900 Frederikshavn (Located next to Arena Nord)  
The yoga sessions are open to all registered accompanying persons who wish to participate. The session will focus on relaxation, mobility, breathing and light strength exercises, suitable for all levels. The purpose is to create a calm and energizing break during the Games in a welcoming and inclusive atmosphere.

No equipment is required – participants only need to bring themselves and wear comfortable clothing suitable for movement

**Events you do not want to miss:** Opening Ceremony June 10, In the evening!  
Dinner and party in Arena Nord June 11 and 12 from 18.00  
Open Run 5 og 10 K, June 13 at 16.00!  
Closing Ceremony June 13 in the evening!

**Required Qualifications:**  
Please note: You must be registered as an "Accompanying Individual" – there will be no extra charge!

**Final provisions:** Each participant travels and participates in the Games at their own risk. The organization is responsible only for first aid. It is mandatory to always carry a copy of personal insurance policy.