



**WORLD
COMPANY
SPORT
GAMES 26**
FREDERIKSHAVN · DENMARK
10 – 14 JUNE 2026

5.1.2026

Regulation for sport to World Company Sport Games 2026 Frederikshavn, Denmark

Sport: ATHLETICS

Competition form: Individual and Team tournament

Venue: Sæby Atletikklub, Klostervænget 30B, 9300 Sæby

Dates: June 11.-12.-13. 2026

Schedule: Competitions will start at 9.00 in the morning and end about 17.30/18.00 on the 11.-12. and the 13. it will be the 5/10 K run!

Events you do not want to miss:

Opening Ceremony June 10, In the evening!

Dinner and party in Arena Nord June 11 and 12 from 18.00

Open Run 5 og 10 K, June 13 at 16.00!

Closing Ceremony June 13 in the evening!

Prizes: Medals for the 1st, 2nd and 3rd place in each category.

Required Qualifications: Participation is open to all team members who are duly registered, have paid the registration fee.

Categories: Participants are divided into 5 age categories. The year of birth determines the age category (not the entire date of birth).

- Category A: 18-30 years - (2008 - 1996)
- Category B: 31-40 years - (1995 - 1986)
- Category C: 41-50 years - (1985 - 1976)
- Category D: 51-60 years - (1975 - 1966)
- Category E: Over 60 - (born from 1965 onwards)

Note: The organizers reserve the right to modify the number of categories based on the number of registered participants.

Game format: The program, identical for both men and women, includes the following:

- 100m 200m 400m 800m 1500m 5000m
- 4x100m relay*
- Long jump High jump Shot put Javelin throw
- 5 or 10 km city races

*Also, possible I Mix, consisting of 2 Men and 2 Women!

There is also a race for paralympic athletes:

- 100m* 200m*
- Long jump* High jump* Shot put Javelin throw

- 5 km city races

*Not open for blind or participants in wheel chair!

Paralympic participants will compete side by side with non-Paralympic athletes, while results will be recorded and ranked separately.

Game schedule:

The detailed event schedule will be announced upon the closing of registrations. The following is the general division of events for both men and women:

Thursday, June 11

- 100m
- 400m
- 1500m
- 5000m
- Long jump
- Shot put

Friday, June 12

- 200m
- 800m
- 4x100m relay
- High jump
- Javelin throw

Saturday, June 13

- 5km/10km cityroad race

Other rules:

For any matters not covered in above regulations, the Rules of the International Association of Athletics Federation (IAAF) shall apply.

Check-In procedure:

Athletes, with proper identification, must check in at the Check-In area located on the facility according to the following schedule:

- 20 minutes before flat races (entry onto the field 10 minutes before the scheduled time)
- 25 minutes before relay races (entry onto the field 15 minutes before the scheduled time)
- 35 minutes for long jump, shot put, and javelin (entry onto the field 25 minutes before the scheduled time)
- 40 minutes for high jump (entry onto the field 30 minutes before the scheduled time)

No loudspeaker announcements will be made.

Results:

The results will be published on the official information system "Goodiepack", in the athletics section.

Doping: Participation is not allowed if you have tested positive in a doping-test 2 years before!

There can be unannounced doping test – if so, participant is obliged to be tested.

Protests: All protests related to the conduct of the championship must be submitted in writing to the Head Judge at the local sport facilitation within a maximum of 30 minutes after the conclusion of the match, accompanied by a deposit of €30.00, which will be refunded if the appeal is accepted.

Final Provisions: Each participant travels and participates in the Games at their own risk. The organization is responsible only for first aid. It is mandatory to always carry a copy of personal insurance policy.